



Home Delivered
High-Quality Gourmet
Meals for Seniors

Elmwood Kitchen

April, 2007

Free

HEALTHY

Passover or Easter Dinner

To All Seniors
Who Have Not Yet Tried
ELMWOOD KITCHEN

The Largest EXPO Dedicated to People
with Diabetes

Important!!!

Please Remind Hartford Seniors!!

Elmwood Kitchen

Is happy to offer

Free Transportation to

Hartford's Diabetes Expo

CT Expo Center

Sat., April 21st from 10AM—3PM

from the following locations:

Shephard Park, Smith Towers, St. Monica's Elderly
Housing, Tuscan Homes, Ten Marshall St., Mary
Caruso Gables, Almere, SANA Apartments

For more information, please contact:

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Dear Healthcare Providers, Apartment
Managers, and Friends of Elmwood
Kitchen,

During the first two weeks of
April, **Elmwood Kitchen**, a gourmet
meals-to-go service for Seniors, will be of-
fering healthy **Passover dishes or a tradi-
tional Easter Dinner** to its clients.

During **Passover**, from Tuesday
April 3rd — Monday, April 9th, clients
who choose our kosher-style menu will re-
ceive traditional Jewish cuisine. This in-
cludes favorites such as Gefilte Fish with
Beet Horseradish, Matzo Ball Soup, Latkes
and Macaroons. All bread will be substi-
tuted with Matzo.

The **Easter Dinner**, which will be
delivered on Good Friday, April 6th, will
include delicious Roasted Turkey, Baby
Glazed Carrots, Red Skin Potatoes, and
Sugar Free Jello Cake.

Elmwood Kitchen takes pride in its
holiday cuisine. Our delivery area is Hart-
ford, Bloomfield, West Hartford, Newing-
ton, Wethersfield, Rocky Hill and parts of
Berlin. We regularly deliver to apartments
and private homes. **And, since we are the
only provider of healthy Kosher style
Meals-to-Go in the area, we are also
happy to deliver to convalescent homes,
independent/assisted living facilities, and
hospitals who may not offer this choice.**

To print out Diabetes Expo Transportation information for your bulletin board, [click here](#).

To view the Web Page for Hartford's Diabetes Expo, [click here](#).

To view Elmwood Kitchen's menu, [click here](#).

To view Elmwood Kitchen's brochure, [click here](#).

To remove your name from our mailing list, please [click here](#)